

# **“Keeping Your Child Healthy at Home”**

## **OBJECTIVES**

- To introduce vocabulary, basic health information, and common health care practices
- To strengthen basic language skills and prepare students for a meaningful discussion with a local health professional
- To create a collaboration between a literacy program and a community health care organization

## **STEPS**

1. Preview the video before showing it to your class. Make note of new vocabulary your students will hear used in the video.
2. Show the video one section at a time. Before showing each section, ask students to talk about what they know and believe about the topic. List questions they would like to have addressed in the video.
3. Present important vocabulary words that students will hear in the section of the video they are about to view. Present the words and definitions as they are used in the video.
4. After watching each section of the video, have students summarize what they remember. Ask them what suggestions they liked or disagreed with and what questions they still have. Record their questions on the board for the follow up talk with a local health professional.

5. In pairs, have students talk about suggestions they plan to act on and questions they want to explore further. Add any additional questions to your list.
6. Send the final list of questions to the local health professional scheduled to visit the class. Talk with this person about your students' English literacy levels before they present to your class.
7. Have the health professional come to your class as a guest speaker. This person can respond to the questions that were listed earlier, as well as additional student questions and concerns.

### FOLLOW UP

Have students write about what they learned and how they plan to share the information with others. Display final writing samples for other students in the program to read.

Decide on a class project where your class shares the information they learned with others in the program. Possible ideas include developing a brochure, giving oral presentations to other classes, or performing a skit.

For more on this lesson, including a video summary, vocabulary list, and the 20-minute video of Dr. Dobberteen's talk, go to:

**<[www.worlded.org/us/health/docs/childhealthlesson](http://www.worlded.org/us/health/docs/childhealthlesson)>**